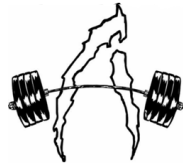


2024/2025 Girls Weightlifting Schedule



<u>Date</u>	<u>Time</u>	<u>Location</u>	<u>VS.</u>
10/30	2:00	Altha Weightroom	MHS/CHS
11/6	2:00	Altha Weightroom	LCHS/CHS
11/13	2:00	Marianna Weightroom	MHS
12/4	3:30	LCHS Weightroom	LCHS
1/11	9:00	Wewa Gym	Rural State Championships
1/17	9:00	*Marianna Old Gym	GVG
1/24	9:00	*Altha Old Gym	District 3 Championships
2/1	9:00	*Wewa Gym	Region 1 Championships
2/15	9:00	*Lakeland	State Championships

All Times CST, Schedule subject to change.

*Night Before Weigh Ins @ Venue

All other meets: Weigh ins before school in the weightroom

19 State Champs

61 State Medalists

2021 and 2024 Team State Runners Up